



FOLLOWING JESUS

Sharing the journey

Communion
Service:
16 June 2024
3rd Sunday
after Trinity



Notices

- Community Hub, Mon, 10-2
- Coffee & Prayer, Thu, 9:15, Harvest House
- Rector's Day Off – Friday
- Bat Walk – Sat, from 8pm, Hethel Church
- Hustings, 7:30pm, Mon 24th, Mulbarton VH
 - Help needed to set up and clear down
 - Voting on questions to ask opens on Wednesday
 - www.mulbartonhustings.uk

Collect for 3rd Sunday After Trinity

God our saviour,
look on this wounded world
in pity and in power;
hold us fast to your promises of peace
won for us by your Son,
our Saviour Jesus Christ.

Amen.

Song: Rejoice!

Rejoice! Rejoice!

Christ is in you

The hope of glory

In our hearts

He lives! He lives!

His breath is in you

Arise a mighty army

We arise

Now is the time for us
To march upon the land
Into our hands
He will give the ground we claim
He rides in majesty
To lead us into victory
The world shall see
That Christ is Lord

Rejoice! Rejoice!
Christ is in you
The hope of glory
In our hearts
He lives! He lives!
His breath is in you
Arise a mighty army
We arise

God is at work in us
His purpose to perform
Building a kingdom
Of power not of words
Where things impossible
By faith shall be made possible
Let's give the glory
To Him now.

Rejoice! Rejoice!
Christ is in you
The hope of glory
In our hearts
He lives! He lives!
His breath is in you
Arise a mighty army
We arise

Though we are weak, His grace
Is everything we need
We're made of clay
But this treasure is within
He turns our weaknesses
Into His opportunities
So that the glory
Goes to Him

Rejoice! Rejoice!
Christ is in you
The hope of glory
In our hearts
He lives! He lives!
His breath is in you
Arise a mighty army
We arise

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Receiving God's Forgiveness

My brothers and sisters,
as we prepare to celebrate
the presence of Christ
in word and sacrament,
let us call to mind and confess our sins.

Receiving God's Forgiveness

Almighty God,

long-suffering and of great goodness:

I confess to you,

I confess with my whole heart

**my neglect and forgetfulness of your
commandments,**

my wrong doing, thinking, and speaking;

**Receiving God's Forgiveness
the hurts I have done to others,
and the good I have left undone.
O God, forgive me, for I have sinned
against you;
and raise me to newness of life;
through Jesus Christ our Lord.
Amen.**

Receiving God's Forgiveness

May the God of love and power
forgive *you* and free *you* from *your* sins,
heal and strengthen *you* by his Spirit,
and raise *you* to new life in Christ our
Lord.

Amen.

1 Samuel 15:34-16:13 (NIV)

³⁴ Then Samuel left for Ramah, but Saul went up to his home in Gibeah of Saul. ³⁵ Until the day Samuel died, he did not go to see Saul again, though Samuel mourned for him. And the LORD regretted that he had made Saul king over Israel.

Samuel Anoints David

16 The LORD said to Samuel, “How long will you mourn for Saul, since I have rejected him as king over Israel? Fill your horn with oil and be on your way; I am sending you to Jesse of Bethlehem. I have chosen one of his sons to be king.”

1 Samuel 15:34-16:13 (NIV)

² But Samuel said, “How can I go? If Saul hears about it, he will kill me.”

The LORD said, “Take a heifer with you and say, ‘I have come to sacrifice to the LORD.’ ³ Invite Jesse to the sacrifice, and I will show you what to do. You are to anoint for me the one I indicate.”

⁴ Samuel did what the LORD said. When he arrived at Bethlehem, the elders of the town trembled when they met him. They asked, “Do you come in peace?”

1 Samuel 15:34-16:13 (NIV)

⁵ Samuel replied, “Yes, in peace; I have come to sacrifice to the LORD. Consecrate yourselves and come to the sacrifice with me.” Then he consecrated Jesse and his sons and invited them to the sacrifice.

⁶ When they arrived, Samuel saw Eliab and thought, “Surely the LORD’s anointed stands here before the LORD.”

1 Samuel 15:34-16:13 (NIV)

⁷ But the LORD said to Samuel, “Do not consider his appearance or his height, for I have rejected him. The LORD does not look at the things people look at. People look at the outward appearance, but the LORD looks at the heart.”

⁸ Then Jesse called Abinadab and had him pass in front of Samuel. But Samuel said, “The LORD has not chosen this one either.” ⁹ Jesse then had Shammah pass by, but Samuel said, “Nor has the LORD chosen this one.”

1 Samuel 15:34-16:13 (NIV)

¹⁰ Jesse had seven of his sons pass before Samuel, but Samuel said to him, “The LORD has not chosen these.” ¹¹ So he asked Jesse, “Are these all the sons you have?”

“There is still the youngest,” Jesse answered. “He is tending the sheep.”

Samuel said, “Send for him; we will not sit down until he arrives.”

¹² So he sent for him and had him brought in. He was glowing with health and had a fine appearance and handsome features.

1 Samuel 15:34-16:13 (NIV)

Then the LORD said, “Rise and anoint him; this is the one.”

¹³ So Samuel took the horn of oil and anointed him in the presence of his brothers, and from that day on the Spirit of the LORD came powerfully upon David. Samuel then went to Ramah.

Mark 4:26-34 (NIV)

The Parable of the Growing Seed

²⁶ He also said, “This is what the kingdom of God is like. A man scatters seed on the ground.

²⁷ Night and day, whether he sleeps or gets up, the seed sprouts and grows, though he does not know how. ²⁸ All by itself the soil produces grain—first the stalk, then the head, then the full kernel in the head. ²⁹ As soon as the grain is ripe, he puts the sickle to it, because the harvest has come.”

Mark 4:26-34 (NIV)

The Parable of the Mustard Seed

³⁰ Again he said, “What shall we say the kingdom of God is like, or what parable shall we use to describe it? ³¹ It is like a mustard seed, which is the smallest of all seeds on earth. ³² Yet when planted, it grows and becomes the largest of all garden plants, with such big branches that the birds can perch in its shade.”

Mark 4:26-34 (NIV)

³³ With many similar parables Jesus spoke the word to them, as much as they could understand. ³⁴ He did not say anything to them without using a parable. But when he was alone with his own disciples, he explained everything.

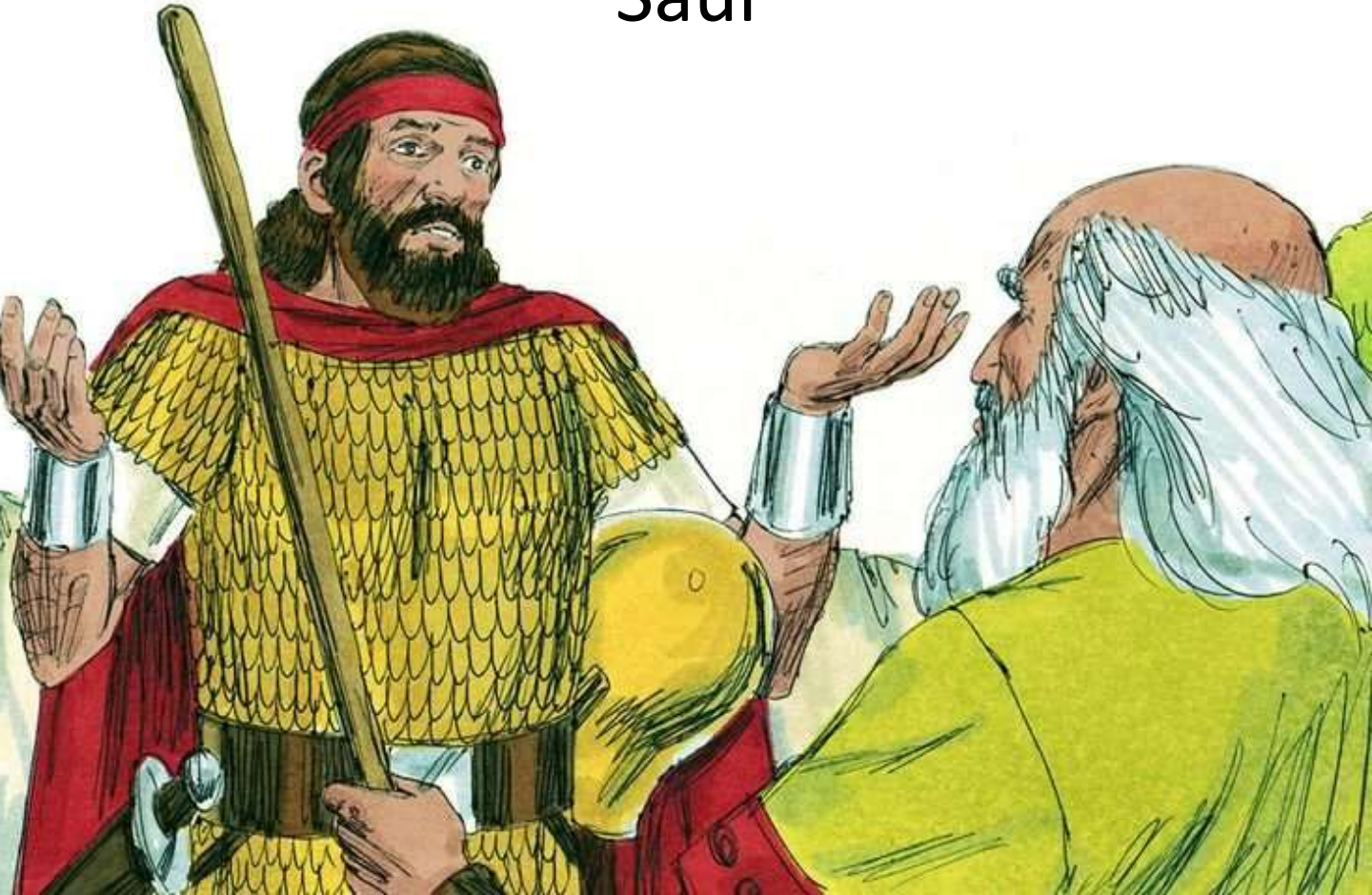
Song: Abba Father

Abba Father, let me be
Yours and Yours alone
May my will forever be
Ever more Your own
Never let my heart grow cold
Never let me go
Abba Father, let me be
Yours and Yours alone

“Ch-ch-ch-
changes”



Saul

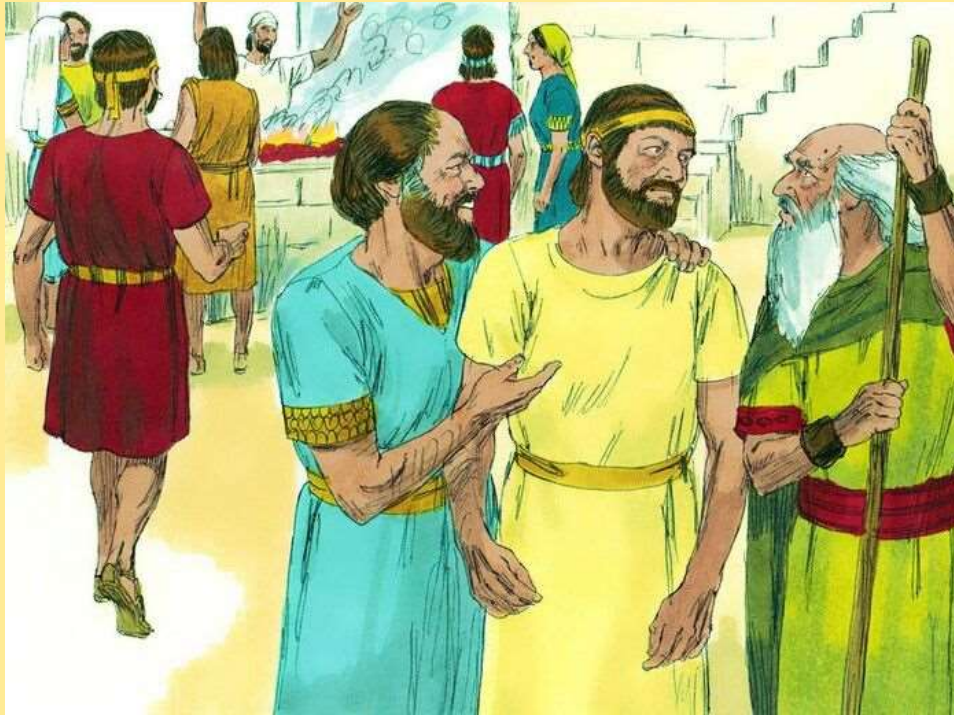


Ahinoam & Rizpah



“Of Kings and Prophets”
- ABC drama Ahinoam character

Samuel & Sons



Jesse & Sons



The Profession of Faith:

We say together in faith:

**I believe in God, the Father almighty,
creator of heaven and earth.**

**I believe in Jesus Christ,
his only Son, our Lord,
who was conceived by the Holy Spirit,
born of the Virgin Mary,
suffered under Pontius Pilate,
was crucified, died, and was buried;
he descended to the dead.**

The Profession of Faith:

**On the third day he rose again;
he ascended into heaven,
he is seated at the right hand of the Father,
and he will come to judge
the living and the dead.**

The Profession of Faith:

**I believe in the Holy Spirit,
the holy catholic Church,
the communion of saints,
the forgiveness of sins,
the resurrection of the body,
and the life everlasting.**

Amen.

Song: Father God I Wonder

Father God, I wonder
how I managed to exist
Without the knowledge of
Your parenthood and Your loving care
Now I am Your child,
I am adopted in Your family
and I can never be alone
'Cause Father God,
You're there beside me

I will sing Your praises

I will sing Your praises

I will sing Your praises forever more

I will sing Your praises

I will sing Your praises

I will sing Your praises forever more

Father God, I wonder
how I managed to exist
Without the knowledge of
Your parenthood and Your loving care
Now I am Your child,
I am adopted in Your family
and I can never be alone
'Cause Father God,
You're there beside me

I will sing Your praises
I will sing Your praises
I will sing Your praises forever more
I will sing Your praises
I will sing Your praises
I will sing Your praises forever more

Ishmael © 1984, Thankyou Music

Sharing Journeys:



Our Prayers



Song: From heaven you came

From heaven you came helpless babe

Entered our world, your glory veiled

Not to be served but to serve

And give Your life that we might live

This is our God, The Servant King

He calls us now to follow Him

To bring our lives as a daily offering

Of worship to The Servant King

There in the garden of tears
My heavy load he chose to bear
His heart with sorrow was torn
'Yet not My will but Yours,' He said
This is our God, The Servant King
He calls us now to follow Him
To bring our lives as a daily offering
Of worship to The Servant King

Come see His hands and His feet
The scars that speak of sacrifice
Hands that flung stars into space
To cruel nails surrendered

*This is our God, The Servant King
He calls us now to follow Him
To bring our lives as a daily offering
Of worship to The Servant King*

So let us learn how to serve
And in our lives enthrone Him
Each other's needs to prefer
For it is Christ we're serving

*This is our God, The Servant King
He calls us now to follow Him
To bring our lives as a daily offering
Of worship to The Servant King*

Graham Kendrick © 1983 Thankyou Music

Holy Communion

The Lord is here.

His Spirit is with us.

Lift up your hearts.

We lift them to the Lord.



Let us give thanks to the Lord our God.

It is right to give thanks and praise.



It is right to praise you,
Father, Lord of all creation;
in your love you made us for yourself.

When we turned away
you did not reject us,
but came to meet us in your Son.

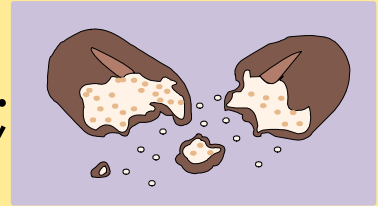
**You embraced us
as your children
and welcomed us
to sit and eat with you.**



In Christ you shared our life
that we might live in him
and he in us.

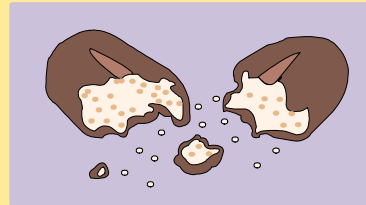
**He opened his arms of love
upon the cross
and made for all
the perfect sacrifice for sin.**

On the night he was betrayed,
at supper with his friends
he took bread,
and gave you thanks;
he broke it



and gave it to them, saying:
Take, eat; this is my body
which is given for you;
do this in remembrance of me.

**Father, we do this
in remembrance of him:
his body is the bread of life.**



At the end of supper,
taking the cup of wine,
he gave you thanks, and said:
Drink this, all of you;
this is my blood of the new covenant,
which is shed for you
for the forgiveness of sins;
do this in remembrance of me.



**Father, we do this
in remembrance of him:
his blood is shed for all.**



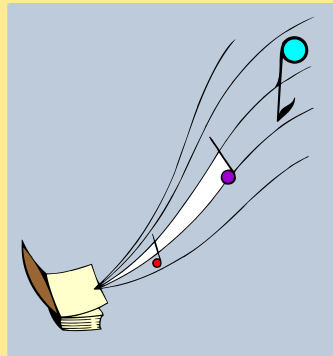
As we proclaim his death
and celebrate his rising in glory,
send your Holy Spirit
that this bread and this wine
may be to us the body and blood
of your dear Son.



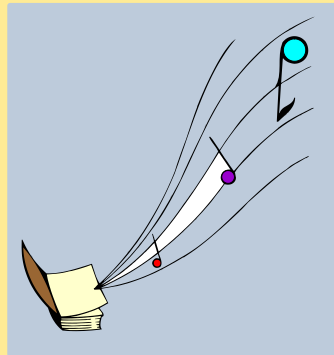
**As we eat and drink
these holy gifts
make us one in Christ,
our risen Lord.**



With your whole Church
throughout the world
we offer you
this sacrifice of praise
and lift our voice
to join the eternal song of heaven:



**Holy, holy, holy Lord,
God of power and might,
Heaven and earth are full
of your glory.
Hosanna in the highest.**



The Lord's Prayer

As our Saviour taught us, so we pray:

**Our Father in heaven
hallowed be your name.**

**Your Kingdom come,
your will be done
on earth as in heaven.**

Give us today our daily bread.

**Forgive us our sins
as we forgive those who sin against us.**

**Lead us not into temptation
but deliver us from evil.
For the kingdom, the power,
and the glory are yours
now and for ever.
Amen.**

Every time we eat this bread
and drink this cup.

**We proclaim the Lord's death
until he comes.**



Giving of Communion

Draw near with faith.

Receive the body of our Lord Jesus Christ
which he gave for you,
and his blood which he shed for you.

Eat and drink

in remembrance that Christ died for you,
and feed on him in your hearts
by faith with thanksgiving.



Song: Father I place into your hands

Father, I place into Your hands

The things I cannot do

Father, I place into Your hands

The times that I've been through

Father, I place into Your hands

The way that I should go

For I know I always can trust You

Father, I place into Your hands
My friends and family
Father, I place into Your hands
The things that trouble me
Father, I place into Your hands
The person I would be
For I know I always can trust You

Father, we love to seek Your face
We love to hear Your voice
Father, we love to sing Your praise
And in Your name rejoice
Father, we love to walk with You
And in Your presence rest
For we know we always can trust You

Father, I want to be with You
And do the things You do
Father, I want to speak the words
That You are speaking too
Father, I want to love the ones
That You will draw to You
For I know that I am one with You

Jenny Hewer © 1975, Thankyou Music

Song: Father, we love you

Father, we love You

We worship and adore You

Glorify your name in all the earth

Glorify your name

Glorify your name

Glorify your name in all the earth

Jesus, we love You
We worship and adore You
Glorify your name in all the earth
Glorify your name
Glorify your name
Glorify your name in all the earth

Spirit, we love You
We worship and adore You
Glorify your name in all the earth
Glorify your name
Glorify your name
Glorify your name in all the earth

Donna Adkins © 1976, Maranatha! Music

Prayer After Communion

Almighty God,

we thank you for feeding us with the body and blood of your Son Jesus Christ.

Through him we offer you our souls and bodies to be a living sacrifice.

Send us out in the power of your Spirit to live and work to your praise and glory.

Amen.

Song: How deep the Father's love

How deep the Father's love for us,
How vast beyond all measure!

That He should give His only Son,
To make a wretch His treasure.

How great the pain of searing loss!

The Father turns His face away;
As wounds which marred the Chosen One
Bring many sons to glory.

Behold the man upon a cross:
My sin upon His shoulders;
Ashamed I hear my mocking voice
Call out among the scoffers.
It was my sin that held Him there
Until it was accomplished;
His dying breath has brought me life:
I know that it is finished.

I will not boast in anything:
No gifts, no power, no wisdom;
But I will boast in Jesus Christ:
His death and resurrection.
Why should I gain from His reward?
I cannot give an answer;
But this I know with all my heart:
His wounds have paid my ransom.

Stuart Townend © 1995 Thankyou Music

Closing Blessing

The love of the Lord Jesus
draw *you* to himself,
the power of the Lord Jesus
strengthen *you* in his service,
the joy of the Lord Jesus fill *your* hearts;
and the blessing of God almighty,
the Father, the Son, and the Holy Spirit,
be among *you* and remain with *you* always.
Amen.