# 3<sup>rd</sup> Sunday of Lent: 3 March 2024 "Living Well"



#### Wows & Woes



Write or draw or lego your prayer of thanks



Write or draw or lego your cry for help

Chat among yourselves about what you're doing for Lent and how it's going

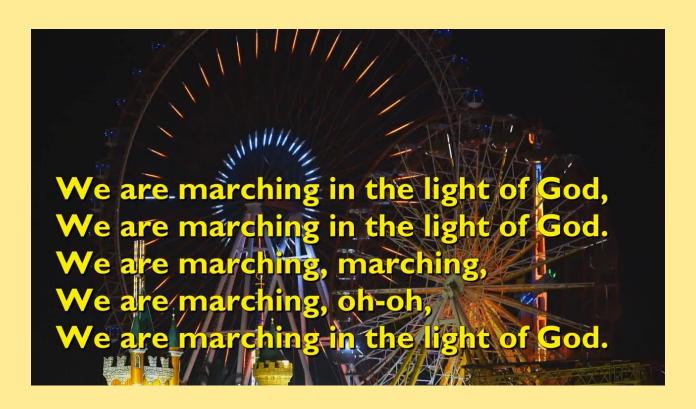
#### **Notices**

- Today, 10-4, Oracle Tree Fayre, MVH
- Monday, 9:30-3, Community Hub, MVH
- Teapot Tuesday, 2:30-4:30, BAVH
- Wednesday, 2-4pm, Flordon Chit Chat
- Thursday, 9:15am Coffee & Prayer, HH
- Saturday, 10:30am, Daffodils, Gowthorpe
- Saturday, 10am onwards, Meadows Wood, bring barrows/shovels to use woodchip pile to create a path
- Rector day off Friday 8th

## Collect for Today

Eternal God, give us insight to discern your will for us, to give up what harms us, and to seek the perfection we are promised in Jesus Christ our Lord. Amen.

#### Song: We Are Marching



#### **Practicing with Rules!**



## **Body: Be Active**



## Mind: Keep Learning



# Spirit: Give



## People: Connect



#### Place: Take Notice



#### Planet: Care



## Call to Worship

Being human, we often forget God, who gives us in each moment the breath of life; who holds our wondrous universe in being, and loves it, and all of us as a part of it. Let us worship our God, and learn to live a more godly life.

## A gathering prayer

Amazing God, you are our God, and we are your people, your children. Help us to learn your ways, that we may love you more dearly, and learn to live more truly, enjoying and sharing your abundant life with the whole planet.

Amen.



# The Big Ten Rules



#### The Big Ten Rules

- The "Catholic" Ten Commandments
- The "Reformed" Ten Commandments
- Jesus' version:
   TL;DR "Love God, Love Others"
- We love God, because God first loved us

# I love ya!





#### The Rule of Love



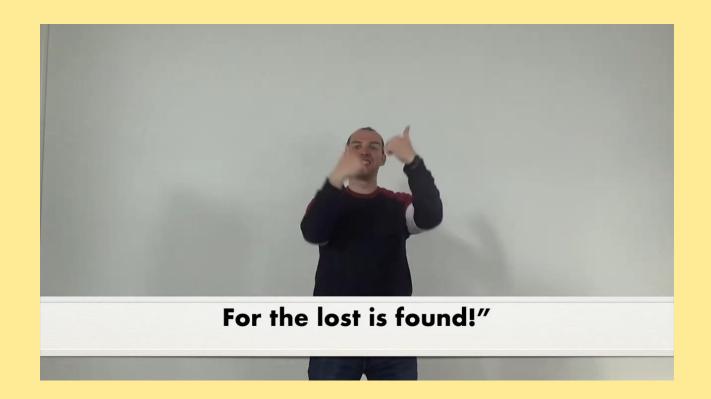
#### The Rule of Love

- People use good rules for bad reasons
- What matters most is knowing God
- Jesus loved people more than religion
- Moses gave us good rules
- Jesus shows us how to live well
- Love is the rule!

## Sharing the Journey



## Song: Lost is Found



#### The Profession of Faith:

Brothers and sisters, I ask you to profess the faith of the Church.

Do you believe and trust in God the

Father, source of all being and life,

the one for whom we exist?

All: We believe and trust in him.

Do you believe and trust in his Son, Jesus Christ, who redeemed the world?

All: We believe and trust in him.

Do you believe and trust in his Holy Spirit, who gives life to the people of God?

All: We believe and trust in him.

This is the faith of the Church.

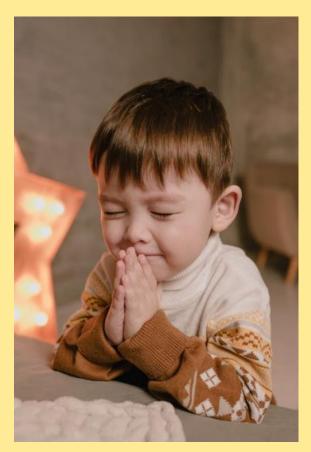
All: This is our faith.

We believe and trust in one God,

Father, Son and Holy Spirit.

Amen.

## Responding in Prayer



## A Prayer for All Ages

Loving God, you love each one of us through and through and through. We share the precious gift of life with you, with one another and with this beautiful planet. Teach us your ways! Amen.

## The Lord's Prayer

As our Saviour taught us, so we pray:
Our Father in heaven,
hallowed be your name,
your kingdom come,
your will be done,
on earth as in heaven.

Give us today our daily bread. Forgive us our sins as we forgive those who sin against us. Lead us not into temptation but deliver us from evil. For the kingdom, the power, and the glory are yours now and for ever. Amen.

#### Song: Lord I Come To You



## A Sending out Prayer

Loving God, thank you for your gift of freedom. Thank you also for giving us guidance on how to be fully alive and loving. Be with us as we put your guidance into practice, and help us to enjoy sharing your beautiful world. Amen.

## **Closing Blessing**

The love of the Lord Jesus draw you to himself, the power of the Lord Jesus strengthen you in his service, the joy of the Lord Jesus fill your hearts; And the blessing of God almighty, the Father, the Son and the Holy Spirit, be among you and remain with you, now and always.

Amen.